

## BPE DofE Factsheet 04d: Kit List (Riding Expeditions)

<b>Clothing</b>	✓	<b>Comments</b>
Approved riding hat		
1 pair sturdy boots		Mntn Horse Mntn Rider/ Ariat Terrain etc
T-Shirt / Top / Fleece/ Jacket		Base & Mid Layers
Jodhpurs		
Half chaps		Optional
Underwear		
Gloves		
Waterproof Jacket & Over-Trousers		Taped seams. Pertex, GORE-TEX or similar
Body Protector		Optional
1 pair of Trainers		Optional – for camp site use
<b>Horse Equipment</b>	✓	<b>Comments</b>
Tack & saddle bags		
Boots & Seat Saver		Optional
Headcollar & rope (worn under bridle)		
Hoof pick, Fly repellent, Baller twine		Items as a Group
Horse First Aid Kit		Cream, cotton wool, dressing, bandage
Feed/hay		Pre-positioned at camp
Water & feed buckets		Pre-positioned at camp
Grooming kit		Pre-positioned at camp
Rug		Optional: Pre-positioned at camp
Spare numnah/girth		
<b>Group Camping Equipment</b>	✓	<b>Comments</b>
Food, Fuel & Matches		Methylated Spirits – approx 250ml per day
Washing-Up Liquid, Brillo Pad, T-Towel		In a small container
Rubbish Bags & Toilet Paper		Small number of sheets inside bag

<b>Personal Equipment</b>	✓	<b>Comments</b>
Rucksack & Rucksack Liner		65 litre e.g. Vango Sherpa rucksack
Sleeping Bag & Sleeping Mat		2-3 season e.g. Vango Nitestar
1 set of Spare Clothes		Top, Trousers, Fleece wrapped up
Survival Bag		Thick orange plastic bag e.g. Lifesystems
Personal First Aid Kit		Plasters, Compeed, personal medication
Emergency Food Rations		e.g. Kendal Mint Cake, Energy tablets.
Mobile Phone		Switched off & sealed in a plastic bag
Sun Cream, Whistle, Watch		
Torch, Spare batteries & bulb		Head torch preferable
Water Bottle		1-2 litres
Cutlery (Knife, Fork, Spoon) or Spork		
Plastic Bowl & Mug		
Wash Kit & Towel		Small – Toothbrush, toothpaste etc
Small amount of money		For travel & personal use
Antibacterial Hand Gel		
Insect Repellent (DEET)		
Pencil & Notebook, Camera		Recording your aim
Compass		Min. 2 per team
Routecard & printout of route		2 per team of each day's routecard
<b>Equipment provided by BPE</b>	✓	<b>Comments</b>
Tent	✓	Vango Lightweight 2-man or 3-man tent
Trangia Cooking Stove	✓	Burner, Pans, Windshield & Handle
Fuel Safety Bottle (0.5 or 1.0 litre)	✓	<b>Teams must provide their own fuel</b>
Maps & Map Cases	✓	2x OS Maps 1:25000 Scale (Laminated)
Group Shelter	✓	