

BPE DofE Expedition Bitesize 11: Expedition Aims

One of the conditions for your expedition is that you have to have an Aim, and you will then need to deliver a presentation following your expedition. The Aim defines the destination/environment, mode of travel, and theme of the Qualifying Expedition, so it is important to discuss and agree this at the start of your Planning Workshop. It will also provide a guide as to how long you will spend journeying.

Some top tips:

- Make it enjoyable for you to research
- Think about how you will present it – photo, song, collage, display, written etc.
- Consider the impact the weather may have on your aim.
- Let the aim shape your route.
- Some ideas are listed opposite, but please feel free to come up with your own ideas and discuss with your leader. Have fun!

General

- Meteorology
- Rivers, Streams & Canals
- Flora & Fauna
- Bridges – old and new
- Canal Locks
- Impact of human activity on the land: pollution, erosion, leisure, economic, farming etc.
- Prehistoric sites
- Villages & Hamlets
- Geology
- Lichens
- Fungi
- Mosses
- Literary quotes
- “Winnie the Pooh” adventure film
- Impact of World Wars I & II
- Daily Expedition Newspaper
- Expedition Monopoly
- Creating artistic designs using natural materials (please do not pick living flowers or leaves)

Bronze

- Team Morale
- Place names
- Churches – architecture, age, church yards, feelings
- Footpaths & Bridleways
- Field Boundaries
- Stiles
- Old railway lines
- Sign posts
- War Memorials
- Milestones & Boundary stones
- Trees & Flowers
- Rural Bird Survey
- A song a day

Silver/Gold

- Moorland Bird Survey
- Animal Tracks
- Forestry
- Wild food resources
- Glacial features
- Corries
- Moraines
- Wainwright’s journey
- Fine Dining in the Mountains
- Vegetation

